

REVIEWS

“...A moving tale that shows pride in one’s new favored country, *The Only Way Is Up* is a fine read of keeping one’s chin up, answering life’s questions.”

–*Midwest Book Review*

5 Stars

“...Engaging and enlightening, *The Only Way Is Up* is an eye-opening take on the familiar peaks and valleys through which we all traverse in life - told from the unique perspective of one who has been to the extremes of both.”

–*Apex Reviews*

5 Stars

“...Thanks to the real life examples and current events, this book is relatable and some of the topics can be debatable making it ideal for any book club.”

–*Author Exposure Book Club*

“It’s a Powerful compendium of insightful advice...”

–Norka Blackman-Richards, President of *4RealWomenInternational*

“This book is a trail blazer that will influence many immigrants and all who believe in rising above all kinds of divides. For those who seek to positively shift life’s boundaries and rise above ceilings that limit individuals....”

–Professor Mary E. Modupe Kolawole,

Author of *Womanism and African Consciousness*